



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Ed Thomas YMCA  
March 30, 2020

Dear Ed Thomas YMCA Members,

At the Y, the health and safety of all who walk through our doors has always been our top priority. Effective March 22, our Ed Thomas YMCA facility was voluntarily closed and all programming and events temporarily suspended. We are exploring alternative ways to meet community needs during this time, in partnership with health officials and other community leaders.

Although no member or staff have tested positive for COVID-19 at our facility, we believe that continuing to operate and run programming during this time would be counterproductive to the protective social distancing measures that have prompted area K-12 schools to temporarily close in response to growing concern over the COVID-19 pandemic. The priority is to flatten the curve of the COVID-19 virus so that our hospitals do not become overloaded.

We sincerely apologize for any inconvenience this may cause and thank our members for their patience, understanding, and continued support. We remain committed to supporting and strengthening our communities. We believe this is the socially responsible things to do and we do not take this measure lightly.

Our Y leadership team remains in constant contact with state and local agencies and we will continue to communicate with members in a timely and transparent manner. The Y will continue to assess the situation with prevailing recommendations from federal, state, and local officials. We will continue to update our members via our website and social media platforms regarding the status of our facility and programming moving forward.

Remember, the CDC recommends everyday preventative actions to help prevent the spread of respiratory diseases like COVID- 19 and the flu, including:

- Avoid close contact with people who are sick
- Avoid touching your eyes, nose, and mouth
- Stay home when you are sick and return to the Y when you are feeling better
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect frequently touched objects and surfaces
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available

Please continue to check with the [Southwest Nebraska Public Health Department](#) and the national [Centers for Disease Control and Prevention \(CDC\)](#) for the most up to date information regarding COVID-19.

We would also like to continue to help our members lead a healthy and active lifestyle. Please like and follow our posts on the [McCook YMCA Facebook page](#). You can also check in and show us how you are staying active with a video or picture of you doing one of our activities or workouts. Y USA also has some great resources for you at [www.YMCA360.org](http://www.YMCA360.org) and on their [Facebook page here](#).

Thank you for working with us to ensure our YMCA community remains safe and healthy.

The Staff at the Ed Thomas YMCA